



INFORMED CONSENT FOR VITA BED WHOLE-BODY PHOTOBIO-MODULATION

Whole-body photobiomodulation (PBM) light-emitting diode (LED) therapy is a safe and effective therapy that is FDA registered for the temporary relief of pain and reduction of symptoms associated with mild arthritis and muscle pain. Whole-body PBM also promotes relaxation of muscle spasm and promotes vasodilation.

Adverse effects from whole-body PBM are normally rare and temporary. Pain relief from whole-body PBM may be dramatic and substantial, lasting for hours, days or weeks. However, your results may be minimal or insignificant. Adverse effects of whole-body PBM may occur from multiple causes including hypersensitivity, preexisting health conditions, thermal effects, and light overstimulation.

LED light can damage the retina in your eye. Always wear the protective eyewear you have been provided.

Individuals who are ineligible for whole-body PBM:

1. Pregnant women and patients with malignant tumors.
2. Patients with photo allergies or those taking photosensitizers (e.g., chlorpromazine).
3. Patients with a history of seizures, as whole-body PBM emits flashing lights.
4. Patients experiencing active hemorrhage or shock, as well as those with internal organ damage.
5. Patients with high fever, active tuberculosis, vasculitis obliterans, etc.
6. Patients with severe heart and kidney disease, such as heart failure, myocarditis, uremia, etc.

The most common adverse effects are:

1. Temporary increase in pain during whole-body PBM.
2. Temporary increase in pain the following day after whole-body PBM.
3. Temporary dizziness.
4. Reactions when photosensitizing drugs are used with whole-body PBM.

I understand the risks of whole-body PBM and agree to the treatment program outlined by my doctor.

Patient Signature: _____ Date: _____

Please Print Name: _____

Date of Birth: _____

Employee Witness: _____ Date: _____